

# Making the most of your dental benefits

## Know your dental coverage and the cost of services

Dental fees in Alberta vary significantly because the province doesn't publish a provincial dental association fee guide. While we do our best to provide reimbursement levels that reflect what dentists in the province are charging, your dentist may charge you more than what is covered under your dental plan. Any difference between what your dentist charges and what we pay under your plan is your responsibility. Every year, we review reimbursement levels and adjust if necessary.

We recommend you ask your dentist about fees before you receive treatment, and have your dental office send us a

pre-determination (fee estimate) so we can let you and your dentist know in advance how much will be covered. That way, if you do have to pay any additional charges, you will be prepared ahead of time and can choose to negotiate a better price, get a cost estimate from another dentist, or agree to pay your dentist's extra fees.

Here are examples of how much we may pay for some common dental treatments in Alberta. Please note that the amount you actually receive may be different, depending on your plan's deductibles, co-insurance, and other plan design factors.

Type of service	Amounts covered effective February 2009
Adult check-up, which typically includes a recall exam, two bitewing radiographs, 15 minutes of scaling and 15 minutes of polishing	\$199.29
Complete examination (adult)	\$82.81
Recall examination	\$55.20
One x-ray (periapical)	\$22.05
Three x-rays (periapical)	\$51.44
Two x-rays (bitewing)	\$36.70
Tooth extraction (uncomplicated)	\$88.31
1 unit of scaling (15 minutes)	\$55.07
1 unit of polishing (15 minutes)	\$52.32

## For more information about your dental plan

Please check your benefits booklet or ask your benefits administrator. You can also use our convenient Plan Member Services website at [www.sunlife.ca/member](http://www.sunlife.ca/member).